
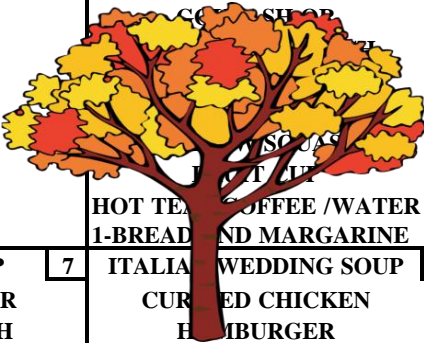



# SEPTEMBER LUNCH MENU 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Menus are subject to change without notice</p>			<p>CHICKEN RICE SOUP 1</p>	<p>TOMATO SOUP 2</p> <p>BAKED RED SNAPPER</p> <p>VEGETARIAN CHILI RICE</p> <p>CABBAGE &amp; ONIONS</p> <p>DINNER ROLL</p> <p>ICE CREAM</p> <p>HOT TEA / COFFEE</p> <p>1-BREAD AND MARGARINE</p>
			<p>SENIOR DAY CENTER IS CLOSED 5</p>	<p>BEEF BARLEY SOUP 6</p> <p>OVEN FRIED CHICKEN</p> <p>CHILI con CARNE</p> <p>MASHED POTATOES</p> <p>PEAS/CORN</p> <p>DINNER ROLL</p> <p>MELON CUBES</p> <p>HOT TEA / COFFEE / WATER</p> <p>1-BREAS AND NARGARINE</p>
	<p>CHICKEN NOODLE SOUP 13</p> <p>SHEPHERDS PIE</p> <p>CHICKEN SALAD SANDWICH</p> <p>MIXED VEGETABLES</p> <p>PEAS &amp; CORN</p> <p>DINNER ROLL</p> <p>CINNAMON PEACHES</p> <p>HOT TEA / COFFEE / WATER</p> <p>1-BREAD AND MARGARINE</p>	<p>FRENCH ONION SOUP 14</p> <p>CHICKEN NUGGETS</p> <p>BAKED TILAPIA</p> <p>FRENCH FRIES</p> <p>PEAS &amp; ONIONS/CORN</p> <p>DINNER ROLL</p> <p>MANDARIN ORANGES</p> <p>HOT TEA / COFFEE / WATER</p> <p>1-BREAD AND MARGARINE</p>	<p>CHICKEN BARLEY SOUP 15</p> <p>BBQ BEEF RIBS</p> <p>GRILLED CHICKEN BREAST</p> <p>SWEET POTATO CASSEROLE</p> <p>COLLARD GREENS</p> <p>COLESLAW</p> <p>APPLE CRISP</p> <p>HOT TEA / COFFEE / WATER</p> <p>2-BREAD AND MARGARINE</p>	<p>LENTIL &amp; TOMATO SOUP 16</p> <p>BAKED FISH</p> <p>RAVIOLI W/ MARINARA</p> <p>DINNER ROLL</p> <p>TOSSED SALAD</p> <p>BROCCOLI</p> <p>CHOCOLATE CHIP COOKIE</p> <p>HOT TEA / COFFEE / WATER/MILK</p> <p>1-BREAD AND MARGARINE</p>
	<p>CARROT GINGER SOUP 19</p> <p>CHICKEN TERIYAKI</p> <p>FRIED RICE</p> <p>CHOP SUEY</p> <p>ASIAN VEGETABLES</p> <p>DINNER ROLL</p> <p>FRUIT CUP</p> <p>HOT TEA / COFFEE / WATER</p> <p>1-BREAD AND MARGARINE</p>	<p>3 BEAN SOUP 20</p> <p>MEATBALL GRINDER</p> <p>CHICKEN SALAD SANDWICH</p> <p>ROASTED POTATOES</p> <p>GREEN PEAS</p> <p>BEETS &amp; ONION SALAD</p> <p>MANDARIN ORANGES</p> <p>HOT TEA / COFFEE / WATER</p> <p>1-BREAD AND MARGARINE</p>	<p>MINISTRONE SOUP 21</p> <p>CHICKEN CACCIATORE</p> <p>PASTA/TEXAS TOAST</p> <p>ROAST BEEF SANDWICH</p> <p>VEGETABLE BLEND</p> <p>TOSSED SALAD</p> <p>FRUITED JELLO</p> <p>HOT TEA / COFFEE / WATER</p> <p>1-BREAD AND MARGARINE</p>	<p>CHICKEN RICE SOUP 22</p> <p>BEEF GOULASH</p> <p>HOT TURKEY SANDWICH</p> <p>MASHED POTATOES</p> <p>GREEN BEANS</p> <p>SQUASH</p> <p>FRUIT CUP</p> <p>HOT TEA / COFFEE / WATER</p> <p>1-BREAD AND MARGARINE</p>
<p>DAY CENTER IS CLOSED 26</p> <p>ROSH HASHANAH</p>	<p>BEEF BARLEY SOUP 27</p> <p>OVEN FRIED CHICKEN</p> <p>CHILI con CARNE</p> <p>MASHED POTATOES</p> <p>PEAS/CORN</p> <p>DINNER ROLL</p> <p>MELON CUBES</p> <p>HOT TEA / COFFEE / WATER</p> <p>1-BREAD AND MARGARINE</p>	<p>CHICKEN RICE SOUP 28</p> <p>CHICKEN TENDERS</p> <p>PASTRAMI SANDWICH</p> <p>SWEET POTATO FRIES</p> <p>COLESLAW</p> <p>RYE BREAD</p> <p>FRUITED JELLO</p> <p>HOT TEA / COFFEE / WATER</p> <p>1-BREAD AND MARGARINE</p>	<p>ITALIAN WEDDING SOUP 29</p> <p>CURRIED CHICKEN</p> <p>HAMBURGER</p> <p>RICE</p> <p>VEGETABLE BLEND</p> <p>PASTA SALAD</p> <p>MANDARIN ORANGES</p> <p>HOT TEA / COFFEE / WATER</p> <p>1-BREAD AND MARGARINE</p>	<p>VEGETABLE SOUP 30</p> <p>STUFFED SHELLS</p> <p>TUNA ON CROISSANT</p> <p>BROCCOLI</p> <p>CUCUMBER SALAD</p> <p>FRUIT CUP</p> <p>HOT TEA / COFFEE / WATER/MILK</p> <p>1-BREAD AND MARGARINE</p>