

Sample Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CARROT GINGER SOUP 1 CHICKEN TERIYAKI FRIED RICE AMERICAN CHOP SUEY ASIAN BLEND VEGETABLES SAUTEED SPINACH DINNER ROLL-FRUIT CUP HOT TEA / COFFEE / WATER 1 BREAD AND MARGARINE	3 BEAN SOUP 2 MEATBALL GRINDER CHICKEN SALAD SANDWICH ROASTED POTATOES/SALAD GREEN PEAS MARINATED BEET & ONION MANDARIN ORANGES HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE	MINESTRONE SOUP 3 CHICKEN CACCIATORE DITALINI ROAST BEEF SANDWICH ITALIAN VEGETABLES TOSSED SALAD FRUITED JELLO HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE	CHICKEN RICE SOUP 4 HUNGARIAN BEEF GOULASH NOODLES HOT TURKEY SANDWICH MASHED POTATOES GRREN BEANS/SQUASH FRUIT CUP HOT TEA / COFFEE / WATER 2-BREAD AND MARGARINE	TOMATO SOUP 5 BAKED RED SNAPPER VEGETERIAN CHILLI W/ RICE STEAMED RICE CABBAGE & ONIONS DINNER ROLL ICE CREAM HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE
FIESTA SOUP 8 BRAISED BEEF PENNE PASTA HOT TURKEY SANDWICH PEPPERS & ONIONS CARROTS/ SALAD SEASONAL FRUIT CUP HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE	BEEF BARLEY SOUP 9 OVEN FRIED CHICKEN CHILI con CARNE MASHED POTAOES GREEN PEAS/CORN DINNER ROLL MELON CUBES HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE	CHICKEN RICE SOUP 10 CHICKEN TENDERS PASTRAMI SANDWICH POTATO CHIPS SWEET POTAO FRIES COLESLAW FRUITED JELLO HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE	ITALIAN WEDDING SOUP 11 CURRIED CHICKEN HAMBURGER STEAMED RICE CALIFORNIA BLEND VEG MARINATED VEG/PASTA SALAD MANDARIN ORANGES HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE	VEGERTARIAN SOUP 12 STUFFED SHELLS TUNA SALAD ON CROISSANT BROCCOLI CUCUMBER SALAD FRUIT CUP HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE
MINESTRONE SOUP 15 BEEF & ZITI ITALIAN BREAD TURKEY BLT SANDWICH PEPPERS & ONIONS GREEN BEANS/POTATO SALAD CINNAMON PEACHES HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE	CHICKEN NEEDLE SOUP 16 SHEPERDS PIE CHICKEN SALAD SANDWICH ON A BUN MIXED VEGETABLES PINNAPPLR TIDBITS HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE	FRENCH ONION SOUP 17 CHICKEN NUGGETD BAKED TILAPIA FRENCH FRIES PEAS & ONIONS CORN MANDARIN ORANGES HOT TEA / COFFEE / WATER 2-BREAD AND MARGARINE	CHICKEN BARLEY SOUP 18 BBQ BEEF RIBS GRILLED CHICKEN ROASTED PEPPERS SWEET POTATO CASSEROLE COLESLAW, COLLARD GREENS APPLE CRISP HOT TEA / COFFEE / WATER 2-BREAD AND MARGARINE	LENTIL & TOMATO SOUP 19 RAVIOLI BAKED FISH TOSSED SALAD BROCCOLI CHOCOLATE CHIP COOKIE HOT TEA / COFFEE / WATER 2-BREAD AND MARGARINE
CARROT GINGER SOUP 22 CHICKEN TERIYAKI FRIED RICE AMERICAN CHOP SUEY ASIAN BLEND VEG/SPINACH DINNER ROLL FRUIT CUP HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE	3 BEAN SOUP 23 MEATBALL GRINDER CHICKEN SALAD SANDWICH ROASTED POTATOES GREEN PEAS BEAT & ONION SALAD MANDARIN ORANGES HOT TEA / COFFEE 1-BREAD AND MARGARINE	MINESTRONE SOUP 24 CHICKEN CACCIATORE W/ DITALINI GARLIC TOAST ROAST BEEF SANDWICH ITALIAN VEG/SALAD FRUITED JELLO HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE	CHICKEN RICE SOUP 25 HUNGARIAN BEEF GOULASH HOT TURKEY SANDWICH MASHED POTATOES GREEN BEANS/SQUASH FRUIT CUP HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE	TOMATO SOUP 26 BAKED RED SNAPPER VEGETARIAN CHILI STEAMED RICE CABBAGE & ONIONS ICE CREAM HOT TEA / COFFEE / WATER 2-BREAD AND MARGARINE
FIESTA SOUP 29 BRAISED BEEF PENNE PASTA HOT TURKEY SANDWICH PEPPERS & ONIONS CARROTS/SALAD ITALIAN ICE HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE	BEEF BARLEY SOUP 30 OVEN FRIED CHICKEN CHILI CON CARNE MASHED POTATOES PEAS/CORN DINNER ROLL MELON CUBES HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE	CHICKEN RICE SOUP 31 CHICKEN TENDERS PASTRAMI SANDWICH POTATO CHIPS SWEET POTAO FRIES COLESLAW FRUITED JELLO HOT TEA / COFFEE / WATER 1-BREAD AND MARGARINE		